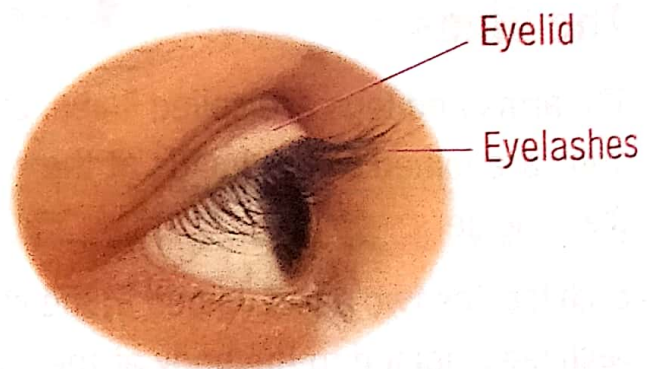


The eyes

Our eyes help us see. They also help us show other people how we feel. When we are sad, our eyes fill with tears. When we are happy, our eyes shine.

Our **eyelids** and **eyelashes** protect our eyes.





Activity

We show how we feel with not only our eyes, but the whole face. Dancers and actors have to learn how to show feelings very clearly. Look at these pictures with your friends. Can you make out what the person is feeling in each picture? You can choose from the words in the boxes.



sad

happy

angry

frightened

shy

surprised

The ears

We hear with our ears. What we hear helps us make out who or what is making the sound. It also helps us know how far the thing or person is.



Activity

Play this game with your friends. Keep your eyes closed. Let each friend say something. Can you guess who is speaking? You can also make different sounds and ask your friends to guess what made the sound. For example, try tapping on different things with a pencil.



The mouth

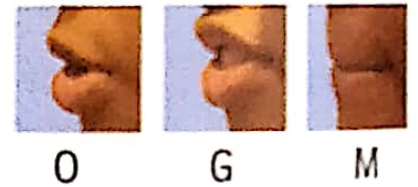
The teeth inside the mouth help us chew food. A baby is born without teeth. Teeth start coming out when a baby is about six months old. These are called milk teeth. They start falling when a child is about seven years old. Have yours started falling?

The tongue helps us make out four different tastes—sweet, sour, bitter and salty. It also helps us speak.



Activity

Our lips move differently to say the different letters of the alphabet. Notice where you place your tongue when you make these sounds. Ask your friend to say something without making a sound. See if you can make out what he/she is saying by looking at the lips. This is called lip-reading.



The nose

We breathe and smell with our nose. The openings of the nose are called nostrils. Air goes in and out through the nostrils when we breathe.



The skin

When we touch something, we can make out whether it is hot or cold, rough or smooth, hard or soft, and so on. Our skin helps us feel these things. The skin on the palm is the best at making these things out.